

Riverwood Rap

Principal's Message

Food Pantry Visit

Thanks to all the parents who came along with me last week to the Riverwood Punchbowl Anglican Church. You can select a whole bag of groceries for \$10 when you present your Centrelink cards. Have a look at the photos in the newsletter to get an idea for how it works. I will get the dates for next year to share soon. 3 more will take place this year: 29/11, 13/12 and 27/12.

Noticeboard

We have ordered a noticeboard where we can share things with the community more regularly. This will go on the wall of the office building near the behaviour posters.



Term 4 Issue 16

Union Street, Riverwood NSW 2210

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Canteen orders

There were only a few issues yesterday. It is important that you use a different form for each student and for each day. You can pick up canteen order forms from the office - they are located on top of the lost property shelf. There is a separate one for Tuesday and for Thursday and remember each student needs their own forms. Money must be at the office by 9am Mondays for both orders. No exceptions.



Swim Scheme

This starts next week - thanks to Mrs Issa for her organisation. Mrs Vertsonis and Mr Richardson will accompany the students to the pool for the 2 week program. Remember to make sure you check the note for everything the students need to bring! Happy swimming students!

21 November 2018




Preschool 2019

We are enrolling now for Preschool 2019. If your child or one of your neighbours' children is 4 or turning 4 before 31st July 2019, they can put in an application for a place in our Preschool next year. Please come to the office to collect an enrolment form.

The Preschool Orientation Day will be held on Tuesday, 27th November at 10am.

Yours sincerely

Anne Davis
Principal (Rel.)

**EVERY MINUTE COUNTS...**

| When your child misses just... | that equals... | which is... | and therefore, from Kindy to Year 12, that is... |
|--------------------------------|---|---|--|
| 10 minutes a day | 50 minutes of learning each week | Nearly 1½ weeks per year | Nearly ½ a year of school |
| 20 minutes a day | 1 hour and 40 minutes of learning each week | Nearly 2½ weeks per year | Nearly a year of school |
| ½ hour a day | ½ a day of learning a week | 4 weeks a year | Nearly 1 ½ years of learning |
| 1 hour each day | 1 whole day of learning each week | 8 weeks per year or nearly a term a year. | Over 2 ½ years of learning |

Your child's best learning time is at the beginning of the day...

**School starts at 9.00am
DON'T BE LATE!**



Low-cost groceries to stretch your budget further

How it works



Bring along your Pension or Health Care or Immigration Card



Make a \$10 contribution EFTPOS available



Fill a bag with groceries of your choice from the stock available



Details

Where

Riverwood Anglican Church
9 Littleton Street
Riverwood

Time

9.30am – 10.30am

When

Every second Thursday

Dates for 2018

| | | | |
|-------|-----------|------|-----------|
| Feb | 8, 22 | Aug | 9, 23 |
| Mar | 8, 22 | Sept | 6, 20 |
| April | 5, 19 | Oct | 4, 18 |
| May | 3, 17, 31 | Nov | 1, 15, 29 |
| June | 14, 28 | Dec | 13 |
| July | 12, 26 | | |

ANC4428

Upcoming Diary Dates

| | |
|-----------------------|---|
| Thursday 22 November | Preschool / Yr 4 Buddy Program AFL Program |
| Friday 23 November | Assembly |
| Monday 26 November | Swim Scheme Week 1 Starts |
| Tuesday 27 November | Preschool / Yr 4 Buddy Program Preschool Orientation P1&P2 |
| Wednesday 28 November | Seed Harvest Spoon Kindergarten Orientation |
| Monday 3 December | Presentation Day Swim Scheme Week 2 |
| Tuesday 4th December | Preschool / Yr 4 Buddy Program |

2018 SCHOOL TERMS

| TERM | 1ST DAY | LAST DAY |
|--------|--------------|----------------|
| TERM 1 | 29th January | 13th April |
| TERM 2 | 30th April | 6th July |
| TERM 3 | 23rd July | 28th September |
| TERM 4 | 15th October | 19th December |

RIVERWOOD
ANGLICAN CHURCH

anglicare.org.au
A partnership initiative of Anglicare


Anglicare
Community Services

P: 9153 7624
W: rpac.org.au

Supporting the community
www.payce.com.au

PAYCE

SJBHS BAKE OFF COMPETITION



**IMPORTANT
REMINDER**

NO CHANGE

**Is kept at the office.
Please ensure you are
putting the correct money
in the envelopes as we will
not be able to give you
change.**

Find Your Happy Place...

Daniel & Amanda Osborne

0437 237 770

41 Clancy Street
PADSTOW HEIGHTS NSW



it-ology IT
#DanGassmanOsborne #EverythingIT

Supporting the community
www.payce.com.au

PAYCE®

Mobile Community Pantry



What to include in Crunch&Sip®

Crunch&Sip® aims to encourage children to eat vegetables and fruit and promote these as the first choice for a snack and water as the first choice drink. Fresh is always best as a first choice but some other vegetables and fruit are permitted.

ALLOWED

- All fresh vegetables
- All fresh fruit
- Tinned fruit in water or juice
- Dried fruit in small amounts and on limited occasions
- Plain water



NOT ALLOWED

- Fruit products (e.g. fruit leathers, fruit roll-ups, fruit strands)
- Fruit jams or jellies
- Fruit pies or cakes
- Tinned fruit in syrup
- Vegetable or potato chips
- Hot potato chips
- Olives
- Vegetable pastries (pies, pasties)
- Baked vegetable breads
- Vegetable cakes, fritter, quiches or similar
- Popcorn
- Flavoured and/or carbonated water
- Fruit or vegetable juices
- Fruit cordial
- Any drink other than plain water



Next Kindergarten Orientation Day

28 November 2019

